

CAMP CREINA BOOKLET



Pacific Shores Area 2024



CAMP CREINA HISTORY

Miss Norah Creina Denny, who founded Queen Margaret's School in Duncan, and who had 70 years of Guiding to her credit, made the purchase of the property possible with an interest free loan in the mid sixties. The original ownership by the Girl Guides of the Cowichan Valley, and Stuart Channel Divisions, was turned over to Mid Island Area in 1981.

Miss Denny's influence on the Guiding life of Cowichan Valley Division (Vancouver Island) was stupendous. In the newspaper records of the early years, she is mentioned as addressing meetings in the interest of Guiding many times - to help form new Companies, parent groups, etc. Over the many years, it had been almost unknown for Miss Denny to miss a Guide event - her attendance and support always there as the power behind the wheel, helping and encouraging. A great many people look back with fond memories of the large camps organized by this able Leader.

There are not many people who were enrolled by the Chief Scout, Lord Baden Powell, and remained as active in Guiding as this lady. Miss Denny was active in England for 5 years before coming to Canada in 1919. She was District commissioner for Cowichan from October 1920 until 1935, when she was appointed Division Commissioner for Cowichan Valley. She remained in this job until October 1957. Miss Denny was Captain of the 1st Cowichan Company from 1920 until starting a company at the school in 1930, a position she held for 34 years.

Many annual meetings have been held at Queen Margaret's School. Also numerous district and Division meetings, rallies and Guide Inter-National Service Training Camps. She was co-hostess at the school for many VIP's, to name a few; Lady Baden-Powell, Mrs. Peplar, Miss Bridget Ransden, Miss MacMahon, Miss Milne, Miss Close, Miss Simmons, Miss Hannah, and Miss Illingworth, all from England. Miss Roff from Quebec and Miss Dorothy Ayre from Newfoundland.

In 1946 Lady Baden-Powell presented Miss Denny with the "Beaver", Canadian Guiding's highest award. In 1958 the Cowichan Valley Division, in appreciation of her many years of devoted service, presented a Life Membership in her name to the National Council.

Camp Creina (appropriately named after Miss Denny) was officially opened on June 3, 1962 with Provincial Camping Commissioner Mrs. R.A. Thompson and Provincial Camp Advisor Miss B. Henson in attendance. Miss Denny addressed the many visitors and officially opened the camp.



Miss Denny passed away in October 1983. Sadly missed, but forever remembered.

CAMP CREINA

PACIFIC SHORES AREA CAMP, GIRL GUIDES OF CANADA

This Girl Guide campsite is located near the Koksilah River, 12 km south of Duncan, BC. It has 47 wooded acres with accommodation for 200 campers on 6 cleared campsites and 2 indoor camping buildings.

Activities at Camp Creina are governed by current Girl Guides of Canada Safe Guide, and by Government health, fire safety and camping rules.

Guiding groups MUST complete their paperwork according to Safe Guide, and have approval from an Assessor prior to their camp.

CAMPING FEES

Kakaleetza

\$10/night/person for Girl Guides of Canada and Scouting members

\$12/night/person for Non Girl Guides of Canada and Scouting Members

All tenting sites

\$8/night/person for Girl Guides of Canada and Scouting members.

\$10/night/person for Non Girl Guides of Canada and Scouting members.

Maple Lodge and Bunkhouse

\$12/night/person for GGC and Scouting Members.

\$14/night/person for Non Girl Guides of Canada and Scouts members.

Any part of Camp Creina

\$5.00 flat fee – Committee/Unit Meeting

\$1.00/person for Girl Guide members for Day or Unit outing (<12 hours)

\$2.00/person for non-Guiding for Day or Unit outing (<12 hours)

BOOKING:

All bookings for Camp Creina are done through the BC Provincial website booking link:

[Guiding Campsites in BC](#)

All applications processed commencing November 1st for the following year.

- Prior to January 1st, preference to Pacific Shores Area Guiding
 - After January 1st, any group, 1st come 1st served
- Fees - \$25.00 non-refundable administration fee at time of booking

Damage Deposits:

Guiding & Scouting: Not required for Guiding & Scouting units. A \$25.00/hour charge ** will be applied if clean up is needed. The unit will be charged the cost of repairs or replacement for damages to property or equipment. A copy of the invoice will be issued to the Area Commissioner, Area Treasurer as well as the BC Properties Booking Coordinator.

Non-Guiding/Non-Scouting: \$250.00 deposit to be paid prior to any rental of less than a 7 day period. For rentals 7 days or longer, the damage deposit will be \$250.00/week or part thereof.

A \$25.00/hour charge will be deducted from the damage deposit if clean up is needed. The cost of repairs or replacement for damages to property or equipment will be deducted from the damage deposit. An electronic copy of the invoice will be issued to the renter no later than two weeks after the rental period. A copy of the invoice will be issued to the Area Commissioner, Area Treasurer as well as the BC Properties Booking Coordinator.

** To avoid paying this extra fee, see pages 14-16 for Clean Up requirements.

ALL FEES ARE PAID AT TIME OF BOOKING. Please see the booking form for more information.

CAMP CREINA SITES

The individual sites were carved out of the bush by various Guide Groups and Districts, who often adopted the following names, many of which are First Nation.

INDOOR

KAKALEETZA temporary house
MAPLE LODGE named after the huge maple tree nearby



CAMPSITES

KHENIPSEN little home in the woods/Green point
SAIL-O-QUAS Chemainus River
HECATE HMS Hecate was the first Admiralty ship to come into Cowichan Bay 1862
McBRYAN Guider Margaret McBryan's home away from home
NAOMONA small
LAMALCHA waters end or water runs out
KAATZA Lake Cowichan (wilderness site)



ABC'S OF CAMP CREINA

ADDRESS	Camp Creina 2365 Shaw Road Duncan, BC, V9L 6N1
AIRHORNS	EMERGENCY USE ONLY On each site with designated codes and directions posted
ANIMALS	Pets are NOT permitted at camp, this includes DOGS. Dogs at camp tend to attract wild animals and therefore are best left at home. BE BEAR AWARE
CRESTS	Choose from 6 different Trader crests @ \$2.00 each, plus Creina Crest (forest) \$2.00 each. This is special, and is intended for each person who camps at Camp Creina. Recommended one per lifetime (losses excepted). Order them ahead on the booking form OR obtain while at camp by completing these steps: supply is kept in white suitcase equipment storage shed, near parking lot (key in telephone cupboard). Fill out the receipt, take one copy and leave one in the book. Send payment after camp with camp fees.
DISHWASHING	as required by BC Health Regulations, 4 step method: 1 - basin/sink #1, hot soapy water 2 - basin/sink #2, hot clear rinse water 3 - basin/sink #3, add bleach to warm clear water to sanitize 4 - air dry on a non absorbent surface or hang in mesh (ditty) bags to dry. Scrape dishes first to eliminate food scraps in water, use rubber gloves and/or tongs to move dishes if water is too hot. When done pour water down permanent liquid disposal pit - pour away soapy water first, rinse with rinse basin then pour away, finally rinse both basins with the bleach water and pour away. Turn upside down to dry.
EMERGENCY SERVICES	- <u>call 911 for Ambulance/Fire/Police emergencies</u> LOCAL Non Emergency #'s and other helpful Provincial numbers: RCMP - 250-748-5522 FIRE - 250-746-5211 AMBULANCE - 250-374-5937 Hospital - 250-737-2030 Poison Control - 1-800-567-8911 Forest/wildfire - 1-800-663-5555 or cell *5555 Child Protection Services - 1-800-663-9122 Suicide Crisis Line - 1-800-suicide (784-2433) or cell 988
EQUIPMENT	Equipment list will be provided with the booking confirmation

FIRES General:

BC Forest Service fire regulations must be observed at all times. If in doubt, please contact them before coming to Camp regarding the use of open fires.

Failure to obey the Fire Safety Regulations could result in the cancellation of your camp or the possibility of your group being unable to use Camp Creina again.

Please be aware that local firefighters and services are limited, there may be times when the local fire ban regulations will supersede the BC regulations.

FIRES Indoor camping buildings:

- Locate & become familiar with operation of fire extinguishers and emergency exits
- Read & follow kitchen stove operation instructions carefully
- Conserve fuel by using wood stoves and fireplaces wisely
- Fireplaces in Kakaleetza must be attended when lit
- Contents of wood stoves to be burned to ash before leaving camp. Do not leave large chunks of wood or unburned garbage (it attracts vermin) in stoves
- Return all unused wood to the woodshed

FIRES Campsites:

- Due to the peaty nature of the soil, there is a danger of underground fires.
- Campfires to be built in cement rings ONLY
- Patrol fires must be in brake drums placed on stones/concrete slabs
- Sand and water buckets must be at all fire sites
- Garden hose must be connected at each indoor site and each camp site
- Keep fire water barrels (if available) filled
- Conserve fuel by using wood stoves wisely
- Contents of wood stoves to be burned to ash before leaving camp. Do not leave large chunks of wood or unburned garbage (it attracts vermin) in stoves
- Return all unused wood to the woodshed

FIRST AID

- Each group is to provide qualified personnel as per Safe Guide
- Provide your own first Aid supplies and equipment
- HOSPITAL, located in Duncan at 3045 Gibbins Rd, it is approximately a 20 minute drive. Phone ahead to 250-737-2030. Be sure to take the members' health information with you.
- HOSPITAL https://www.google.com/maps/@48.7860497,-123.7254142,1093m/data=!3m1!1e3?authuser=0&entry=tту&g_ep=EgoyMDI1MDExNS4wIKXMDSOASAFAQAw%3D%3D
- WALK-IN CLINIC, located in Valley View Centre, 1400 Cowichan Bay Road, Cobble Hill, BC, open daily with a doctor on duty. This is the mall with the Country Grocer store at the traffic light intersection Hwy 19 and Cobble Hill Road. 250-743-9395
- CLINIC https://www.google.com/maps/@48.7098109,-123.6074042,1094m/data=!3m1!1e3?authuser=0&entry=tту&g_ep=EgoyMDI1MDExNS4wIKXMDSOASAFAQAw%3D%3D

FOOD SAFETY

- Keep cold food in fridges in the cooler room, dry foods should be stored securely in tubs or in a car overnight. Garbage must be securely covered against rodents. Be aware that you are sharing the woods with wildlife!

FUEL

- Store any fuel (gas, propane etc) in the shade away from open flames, cookies, and sleeping areas.
- ALL PROPANE BOTTLES (used or unused) MUST BE TAKEN HOME FOR DISPOSAL
- If you bring it, you must take it home.

GADGET WOOD

- If returned by previous campers, it will be located in the wood shed. Please take apart at the end of camp and return. Thank you!

GARBAGE

- Recycle all paper products
- Keep open garbage bags covered during the day and securely tied and put in a safe place during the night.
- No food/garbage in or near tents (any animal around will love your garbage)
- Use the installed Liquid Disposal Pits (LDP's) to dispose of greywater.
 - Cover with a J-cloth (or colander with a J-cloth) to collect food scraps from dishwashing liquid.
 - Dispose the J-cloth into your garbage daily, or more often if needed, and replace with a new one.
- Take home all other garbage and recycling
- DO NOT DIG A REFUSE PIT

GATE

- Off-site caretaker will unlock gate before event when orientation has been completed
- During your time at Creina the gate may be closed, but always keep unlocked for emergency access

GROCERIES

Country Grocer	Cobble Hill	250-743-5639
Old Farm Market	Duncan	250-748-7141
Thrifty's	Duncan	250-715-2630
Thrifty's	Mill Bay	250-743-3261
Superstore	Duncan	250-746-0529
Save On Foods	Duncan	250-746-3993

KEYS

- Off-site caretaker maintains keys and will unlock main gate, telephone, and kitchen cupboards
- Equipment storage shed key in telephone cupboard

LAUNDROMAT

- Located at Shell Station (Mill Bay) or off Trunk Rd near Dollar Tree and Starbucks (Duncan)

LATRINES

- FOLLOW POSTED INSTRUCTIONS
- Provide white toilet paper, sanitary item bags with bucket and lid

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- CLEAN AT LEAST TWICE A DAY
 - Sweep floor, wash seats and wipe dry
 - Replenish toilet paper and sanitary bags
 - Take home used sanitary bags and paper garbage
 - Take home all unused toilet paper (mice love this)

LIQUID DISPOSAL PITS (LDP'S)

- Use the permanent pits
- Cover with J-cloth or cheesecloth to collect food scraps from liquid
- Garbage the used cloth as required (at least daily) and replace with a new one.

LOST & FOUND

- Take all unclaimed articles home with you
- Advise Properties Administrator if any items are missing (or found!)

NATURE CUPBOARD

- A display of items found in Camp Creina on outside wall of cooler room
- Cupboard will be unlocked once orientation is completed

NATURE TRAILS

- Joyce Lonsdale trail begins behind the McBryan shelter and winds its way through the woods to the Kaatza site
- Short trail across from Obstacle Course that will take you over the footbridge to Hecate Camp site

OBSTACLE/FITNESS COURSE

- Challenging physical course for all ages
- TO BE USED UNDER ADULT SUPERVISION **ONLY**

PARKING

- Vehicles may be driven to site to off-load equipment, then parked in the designated area
- One vehicle is permitted per campsite for emergency use only (park off the main road) we recommend you back into the site for safety
- All other vehicles to be parked in the designated area to the right of the driveway as you come into camp down the hill

PLACES OF INTEREST

Check out Cowichan Valley regional District's website www.cvrld.bc.ca for information on where and what to do in the area

Bright Angel Park

- 1.5 miles west on Old Koksilah Rd
- Great day hike

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- Picnic shelter, playground, swinging bridge
 - <https://www.cvrld.ca/150/Bright-Angel-Park>

Cowichan Aquatic Centre

- Cowichan Community Centre
- 2653 James Street, Duncan
- 250-746-7665
- <https://www.northcowichan.ca/recreation-parks/recreation-facilities>

BC Forest Discovery Centre

- 2892 Drinkwater Rd, 250-715-1113
- Trans Canada Hwy north of Duncan
- Picnic site, train rides, gift shop, forest museum, group rates available
- <https://bcforestdiscoverycentre.com/>

Pacific Northwest Raptors

- 1877 Herd Rd, 250-746-0372
- East off Trans Canada Hwy, north of Duncan
- Birds of prey demos, guided tours, hawk walks, group rates
- <https://the-raptors.com/>

REFRIGERATION

- Refrigerators in both Maple Lodge and Kakaleetza
- Two upright refrigerators with top freezers in building near the parking lot directly behind the workshop. These are shared by ALL in camp, please identify food items with campsite name.
- Date leftovers for food handling safety
- Large plastic containers available for your use
- When your camp is over, refrigerators must be emptied of your items and wiped clean.

SWIMMING

- Current Safe Guide swimming rules must be strictly adhered to
- Arrange for qualified waterfront personnel BEFORE CAMP, the lifeguard is in complete charge of the river/swimming area and is responsible for the enforcement of all regulations for the river
- When more than one group in camp, use time-sharing so all can enjoy swimming

TELEPHONE

- Located in cupboard attached to equipment/storage shed near parking lot
- Use to call EMS, they can track our location faster than cell phones
- Incoming calls will not be heard due to distance from sites
- Girls may use WITH ADULT SUPERVISION ONLY
- All long distance calls must be collect or on a calling card
- Recommend adults only bring cell phone(s) to camp for emergency use
- NOTE - cell reception at Camp Creina is very sketchy

TEETH BRUSHING

- Use permanent liquid disposal pit (LDP)
- Do not spit in the bushes, it attracts wild critters

TRAILS

- WALKING ONLY on pathways and trails
- Closed-toe shoes must be worn at all times due to uneven terrain
- Keep trails clear and smooth

WATER

- Camp Creina water - please adhere to current drinking water regulations
- Please bring drinking water if concerned
- Tap located on every site and inside the two indoor camping buildings
- Hot water is available (must be turned on by the caretaker) in the bunkhouse for showers and personal washing. Please DO NOT use it for dishwashing

WOOD

- Located in the sheds, please use it wisely
- Replenish, especially the kindling supply, as a courtesy to the next group
- DO NOT CHOP DOWN GROWING TREES
- At the end of your camp, recycle gadget wood by dismantling and placing in wood sheds for use by the next campers

WORK PARTIES

- Camp Creina Committee holds two events per year, usually late March and October
- Check on our website www.ggpacificshores.ca or with your District Commissioner for dates
- Families, Units, or any interested individual(s) that you know are welcome to help with wood cutting, building and general maintenance

CLEAN UP

REFER TO CHECK LIST

CLOTHES LINES

- Unless permanent, take down

COUNTERS/SINKS

- Clean and dry thoroughly to prevent mould and mildew
- A small amount of bleach in the rinse water helps

CUPBOARDS

- Snap a quick picture to make it easier to remember where everything goes
- Wipe clean and return all equipment
- To prevent mould and mildew, be sure everything is clean, DRY and stored upside-down
- Leave out propane tank if empty, and mark with tag from inside cupboard

EQUIPMENT

- Make notation on the clean up sheet if an item is broken, needs repairing or is missing
- AS A COURTESY TO THE NEXT GROUP, ALL BORROWED EQUIPMENT MUST BE STORED CLEAN, DRY, AND UPSIDE-DOWN IN ITS PROPER PLACE. NO EXCEPTIONS PLEASE.

FLOORS

- Wash up spills as they occur (mops are provided)
- Sweep floors (dampen with sprinkled water if very dusty)
- Return brooms to cupboard or equipment room
- Shake mats outside

FURNITURE

- All site tables, (including picnic) and benches returned to original place and wiped clean
- Building furniture stored inside with table tops and chairs stacked against the walls
- Benches put upside-down on top of big tables

GADGET WOOD

- At end of camp, dismantle gadgets and recycle string and place wood in wood sheds for use by next campers

GARBAGE

- Recycle all paper products
- TAKE HOME ALL GARBAGE, including compost, foil, jars, lids, cans (remove lids and labels, wash & squash)
- DO NOT DIG REFUSE PIT
- Empty and wash out garbage can, turn upside-down

LIQUID DISPOSAL PIT (LDP)

- Use a J-cloth or cheesecloth, or use a colander with a J-cloth or cheesecloth
- Dispose of used clothes in your garbage
- Be sure food particles or leaves are not blocking the drain rock
- Clean wire mesh at indoor camping buildings
- Leave NOTHING for someone else to get rid of (e.g. bags, boxes, bottles, cans, sit-upons, newspapers, empty containers, ice-cream pails, leftover food etc)

CLEAN UP cont'd

LATRINES

- Clean as per instructions posted in latrines
- Take home toilet paper so mice won't turn it into confetti !!

LITTER

- Do a "litter sweep" at the end of camp, line up all the campers on one side of site and walk to the other side picking up any garbage along the way

LOST & FOUND

- Take all unclaimed articles home with you
- Advise booking secretary

PROPANE TANKS

- If empty, tie with survey tape located in cupboard (portable)

REFRIGERATOR

- Remove all of your food items
- Wipe clean, would you want to find warm fuzzies from the last group when you arrive at camp?
- DO NOT UNPLUG

STOVES-CAMP

- Must be thoroughly cleaned, inside and out, before returning to cupboard

STOVES - PROPANE

- Clean as per posted instructions
- DO NOT use abrasives or steel wool on stainless steel as it scratches the finish
- Cleaning brick provided for cleaning the grill
- Grapefruit juice works well to clean warm grill
- Make sure grill is spotless and leave a coating of vegetable oil on it to prevent rust
- Empty grease from drip pan and take home for disposal
- Ensure propane is turned off as per instructions, and that propane storage cupboards outside are securely locked

STOVES - WOOD

- Contents of wood stoves to be burned to ash before leaving camp
- Do not leave large chunks of wood or unburned garbage (it attracts vermin) in stoves

TABLES

- Repair any tears in the plastic covers with duct tape
- Ensure tables are wiped clean after use and before leaving camp

TENT PADS

- Pick up all garbage bits & pieces, rake level

WINDOWS

- Ensure all windows are closed before leaving camp

WOOD SHEDS

- Replenish as much wood as possible, especially the kindling

EQUIPMENT IN CUPBOARDS

* **LODGES**, Maple and Kakaleetza

*** **TENTING SITES**, Khenipsen, Sail-o-Quas, Hecate, McBryan, Naomona, Lamalcha

Air horn (DO NOT SHAKE)

axe/hatchet

Bowls, 12 metal (5 sizes)

Brooms:

- Brooms - lat
- Brooms - push *
- Brooms - whisk ***

Coffee pot

Coffee maker (12 cup) *

Colander

Dish pans - square plastic

Dish rack *

Dust pan *

Fire extinguisher

Garbage can

Griddle

Grill cleaner (brick) *

Hose juice just

Kettle

Kettle electric *

Lanterns ***

Lat bucket & brush

Measuring cups - liquid

Mugs *

Pans, metal *

Pot, hot water dipper

Pots, cooking

Pots, hot water

Propane distribution tree ***

Propane hoses ***

Propane tanks, 10# lanterns ***

Propane tanks, 20# stoves ***

Shovel

Stoves, 2 x 2 burner ***

Toaster *

Tea pot *

Trays *

Wash basins, plastic

UTENSILS:

Can opener

Flint lighter, spare flints in handle

Flippers

Grater

Ice cream scoop

Knives, large & paring

Ladle

Measuring spoons

Meat fork

Potato masher

Potato peelers

Scissors

Spaghetti lifter

Spatulas

Spoons, serving

Spoons, slotted

Spoons, mixing

Tongs

Whisk

ITEMS *NOT* PROVIDED:

Salt /pepper

Drinking water container(s)

Cutting boards

Frying pan

Foil pans

Soap, detergent, hand, cleaning

Bleach

Stainless pot scrubbers/SOS

Grapefruit juice (great grill cleaner)

Rubber gloves

Dish cloths/ J-cloths

Tea /hand towels

Pot holders/oven mitts

Floor mops

Matches (strike anywhere)

Clothes pegs/rope

String

First aid kit

Tent repair items

Wrench (adjustable)

Pliers,

Hammer

Toilet paper

Kleenex

Paper towels

Paper bags for sanitary product disposal

DIRECTIONS TO CAMP!

FROM NANAIMO:

At Bench Road traffic light just past the Cowichan Golf Course, south of Duncan turn:

RIGHT and proceed 1.8km until the road intersects with Koksilah Road

RIGHT onto Koksilah Road and proceed .5km (½) under railway overpass and over Koksilah River bridge ***

LEFT onto Riverside Road (just past the bridge) and proceed 1.3 km

LEFT onto Shaw Road (gravel road by a large group of mailboxes)

- Proceed cautiously, just room for two vehicles to pass.
- The road will crest at the top of a blind hill and become a single lane.
- Proceed to the right at the Camp Creina sign, down the hill into the main field and park in the clearing on the right.

FROM VICTORIA:

At the Koksilah Road traffic light south of Duncan turn:

LEFT and proceed under railway overpass and over Koksilah River bridge

Then proceed as above ***

On Google Map: Shaw Rd., Duncan, BC

CAMP CREINA IS A VERY SPECIAL POSSESSION OF THE PACIFIC SHORES AREA, GIRL GUIDES OF CANADA, AND WE WELCOME YOU TO USE THE CAMPSITE.

AS A COURTESY TO OTHERS, PLEASE LEAVE THE CAMP IN BETTER CONDITION THAN WHEN YOU CAME

HAVE A GREAT TIME!!!

Any suggestions for revisions to this booklet gratefully received.
Please send them to the Camp Creina Committee or the Properties Administrator.