

# The Log Jam

Summer 2017

Girl Guides of Canada Pacific Shores Area As the Guide

## A Message from our Area Commissioner Barbara Wood

As the Guiding year begins to celebrate another fun-filled year within our Area through Unit and District year-end advancement ceremonies, I encourage each of you to stop and recognize your own contribution to Girl Guides, to your Unit, to your District, to your Trefoil Guild, and to our Area. I value your commitment to our girls and Guiders and appreciate every minute you devote to providing amazing activities, to processing paperwork (which at times seems to be never-ending), to getting outside and enjoying nature, and to acknowledging the achievements of both girls and Guiders. We had such a good time at our Area Guider Gathering recognizing our Lifetime Members (Kathy Disher, Mary D'Isendoorn, Margaret Standish, and Phyllis Young), our Guiders who have provided 50 years of service (Connie Wray and Rosa Hossack) and our Guider who has provided 55 years of service (Julie Duddridge). We also celebrated the achievements of our 16 Canada Cord recipients, our 2 Chief Commissioner's Gold Award recipients and our 2 bursary recipients (as well as 2 bursary recipients from the Last Bastion Trefoil Guild). We also had the opportunity to acknowledge the contribution of our past Area Council members. These talented and dedicated women, whose terms ended in 2016, provided invaluable guidance and direction to our Area. My thanks to Nanaimo Piper District and Johanna Scott for putting on such a great event. We were also

pleased to welcome Darlene Kent, Deputy Provincial Commissioner, to this event and she particularly appreciated the fact that families of our award recipients attended this event. Mark your calendar for 2018 and come and celebrate your contributions to Guiding on April 22, 2018 at the Crofton Community Hall. Our Pre-SOAR Camp, which ran from May 5th to 7th, brought together approximately 170 girls and 20 Core Staff. It was such fun to see the girls and Guiders participating in a variety of sessions to prepare for SOAR 2017. My thanks to Teri Wilson for her major work on this event! Special thanks, as well, to the facilitators and Core Staff who provided our SOAR patrols with a taste of what SOAR will look like – including

'purchasing' their food at a QM store. I know that everyone found it to be a valuable learning experience.

Our Area is going to have a busy summer as our patrols head off to SOAR 2017, as we get our new website up and running by September and as we begin to plan for an all-branch Area camp in 2018.

Have fun camping with your girls and treasure the memories that you will create for them and for yourselves! Enjoy a wonderful relaxing summer, recharge your Guiding batteries, and get ready to welcome even more girls into our organization! My thanks to each of you for everything you are doing to grow our Area and for sharing your talents and creativity as we encourage each girl and Guider to be 'all she can be.'





## Shawnigan Lake Guides Invade Fabricland!

1st Shawnigan Lake Guides had the opportunity to hold their meeting at Fabricland in Duncan after the store had closed for the day. We had the store to ourselves! The girls were allowed to choose their own polar fleece to make their camp blankets and we were able to borrow fabric scissors from the store so that the girls could fringe the bottom and cut the head holes. Don't they look great in their colourful blankets?



## *Gone Home*

**Winifred Argue**  
**Comox Valley Trefoil Guild**  
**26 Jan 2017**

**Sheila Flynn**  
**Dogwood Trefoil Guild**  
**28 Jan 2017**



## Guide Arrested During Meeting! ??

Well, not exactly! Third Wellington guides did the law awareness badge with Corporal Michael Kane. The girls enjoyed especially getting handcuffed.



Guider Jo Webster was pretty proud of her son and the job he did working with her girls.





# The Guider Gathering

The annual Pacific Shores Area Guider Gathering was held on April 23rd, in the Cafeteria at Vancouver Island University in Nanaimo. As usual, it drew a large crowd of Guiders, older girls and Trefoil Guild members. This year's host was Nanaimo Piper District. The room was packed, the raffle baskets magnificent, and the lunch delectable.

## Chief Commissioners Gold Award:

Two girls completed their Chief Commissioners Gold Award in 2016 but neither was able to attend the event.

They were Janean Griffith from Coastal Rainforest District and Aliana MacKinnon from Comox Valley. Congratulations to you both.

## Thanks Pins Presented:

*The following Guiders, all retiring from Area Council, were awarded Thank You Pins:*

**Colleen Cooper** .. Special events

**Jamie Franzmann** .. Special events

**Cathy Griffith** .. Broughton Strait Commissioner

**Samantha Hackett** .. Coastal Rainforest Co-Commissioner

**Lori Hitchen** ... Cookies

**Lynn Hooper** .. Coastal Rain Forest Co-Commissioner

**Kris Kjellbotn** .. Coastal Rainforest Co-Commissioner

**Lee-Ann Knight** .. Awards

**Susie Quinn** .. Program Advisor

**Heather Rendell** .. iMIS specialist

**Margaret Slater** ... iMIS specialist

**Karen Turner** .. Waters Edge Co-Commissioner

**Susan Zutz** .. Link Advisor

## Three Members were honored for their long service

**Connie Wray** (Salt Spring Island Trefoil Guild) **50 years**

**Rosa Hossack** (Fun Seekers Trefoil Guild) **50 years**

**Julie Duddridge** (The Boomers Trefoil Guild) **55 years**



Deputy Provincial Commissioner, Darlene Kent, brought greetings from the Provincial Council.

## Canada Cord Recipients 2016

*Unable to attend:*

**Carlie Aston**

**Waters Edge**

**Alicia Hardman**

**Waters Edge**

**Calley Higgs**

**Waters Edge**

**Sarah Caldwell**

**Waters Edge**

**Bonnie Conrad**

**Waters Edge**

**Crystal-Lynn Hilton**

**Malaspina Strait**

**Katie Tevisanotto**

**Malaspina Strait**

**Rebecca Vliet**

**Waters Edge**



**Breanna LeCompte**  
**Comox Valley**



**Fiona Grant**  
**Waters Edge**



**Stephanie Lacasse**  
**Broughton Strait**



**Megan Griffith**  
**Broughton Strait**



**Kiana Westra**  
**Comox Valley**



**Haileigh Toews**  
**Harford**

**Alison Light**  
**Waters Edge**

**Mia O'Donnell**  
**Waters Edge**





Cathy Griffith, from Broughton Strait District, was thanked for her design work, with a framed copy of her original design, and the completed Pacific Shores Area crest. Cathy said she only created the design to inspire her girls to create their own designs for a new area crest and enter the contest!!



Sandra High, from Waters Edge District, was similarly thanked for her creation of the new Camp Creina Crest.

## Bursary Recipients

### Pacific Shores Area Bursaries



Rebecca Griffith  
Broughton Strait



Danielle Lacasse  
Broughton Strait

### Last Bastion Trefoil Guild Bursaries



Last Bastion members Sheila Carter and Isabelle Armstrong with Last Bastion bursary recipients Mikaela Hitchen (Hurford District) (left), Sarah MacDougall (Hurford and Nanaimo Piper Districts) (right)



## A bit of history:

Way back in 1980, when Girl Guides in Canada was 70 years old someone came up with a cake recipe to honour the occasion. Great cake, and not too complicated. My daughters and I made it quite often. Then our copy of the recipe vanished. I found it again not too long ago and decided to share it.

## Girl Guide Anniversary Cake

3 eggs

1 cup granulated sugar

1 cup firmly packed brown sugar

1 cup vegetable oil

2 tsps vanilla extract

3 cups grated carrots, or apples (unpeeled)

1/2 cup raisins (optional)

1/2 cup chopped walnuts (optional)

Place the above list of ingredients in large mixing bowl. Beat with a fork until well mixed and evenly blended.

2-1/2 cups all-purpose flour

2 tsps baking powder

1/2 tsp baking soda

1 tsp salt

1-1/2 tsp cinnamon

Place these ingredients in a mixing bowl. Stir with a spoon to make an evenly coloured mixture. Add this dry mixture to the liquid mixture in bowl. Stir well until evenly blended. Bake at 325 F (160 C) for 50 to 55 minutes.

My copy of the recipe doesn't mention putting on icing though I do recall we used to ice it (for special occasions) with a cream cheese icing.

## Shawnigan Lake Guides Explore Duncan

1st Shawnigan Lake Guides enjoyed a wonderful day in Duncan learning about the community and having fun together. We started the day with a photo scavenger hunt to learn about

their community culture. After a picnic lunch we got messy doing some splatter paint at 4Cats art studio and then got to relax our bodies with a yoga class. We finished the day with dinner at a local restaurant. What a busy, fun day!



## 3rd Wellington Guides Earn Their Engineering Badges

Ryan Sinclair (family friend) was the guest speaker at our meeting. Ryan, an engineer discussed education you need to become an engineer (math and science) four years university, then four years of apprenticeship. He also told the girls about different kinds of engineers and how they impact our daily lives.

