

The Log Jam

Pacific Shores Area

A Publication of the Girl Guides of Canada

October 2011

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Submissions

Submit your articles anytime at:

www.ggcpacificshores.ca /contact

Deadlines:

Jan 3, 2012 Jul 4, 2012 Apr 4, 2012 Oct 3, 2012

New Faces

New Advisers

Since last March we have had five new advisers come on board:

- Diane Dunbar Area Cookie Adviser
- Lynne Macara Area Program Adviser
- Jamie Lawlor Area Public Relations Adviser
- Bonnie Kent Area Link Adviser
- Teri Osborne Area International Adviser

New District Commissioners

We are also welcoming the following new Commissioners:

- Debbie Rapanos, Heather Mortimer, Johanna Scott Hurford District Co-Commissioners
- Barbara Wood Campbell River District Commissioner
- Lorna Tetrault and Christine Barkhouse join Rhonda Borton Coastal Rainforest District Co-Commissioners

I am just thrilled they have joined area council and really look forward to working with them!

Dawnette Humphrey

Pacific Shores Area Commissioner



Camp Creina

Are you acquainted with Camp Creina?

submitted by Susan Stephens, Nanaimo Boomers Trefoil and camp enthusiast

Camp Creina is a very special possession of the Pacific Shores Area, Girl Guides of Canada and we welcome you to use the campsite.

The Camp was officially opened on June 3, 1962 and was named after Miss Norah Creina Denny. Miss Denny was a long time Guider and made the purchase of the property possible with an interest-free loan. The campsite has 47 wooded acres with room for 200 campers. There are 6 campsites, 2 residential buildings, a wilderness site and it is located near the Koksilah River. There are 2 nature trails, an obstacle course and Nature cupboard. Genevieve Singleton is the Camp Naturalist.

Camp Creina has seen some major developments in the last year. The Camp Creina Committee, lead by Marian Davies and Donna Sainsbury, have overseen the building of a bunkhouse in conjunction to Maple Lodge. The Bunkhouse has a leaders room, in-door toilets and showers with heated water on demand. There has been work done on the pump house, water and woodsheds. There are new, permanent, non-fabric tents on Khenipsen and Naomona sites and there are further plans to update the Lodge kitchen. The Committee welcomes new members to assist us in the planning.

The rental of the new bunkhouse is \$10 per person per night and is rented with the Lodge, as it has no cooking facilities and is connected with a breezeway. The hot-water-on-demand for showering is not included and has to be booked separately, if required. The tents, in the style of the old canvas ridgepole are just new this year and are mildew and mould proof. Unload and spread out your sleeping bag. It makes it much easier to come from further distance when your tent is already up.

Camp Creina has room for all camping styles. Pamper yourself or rough it. Heated buildings or hang your cache. Ask us! We would love to tell you more. Check with your Camp Adviser or Commissioner.

Forms are available from:

Morgan Darbyshire, Booking Secretary PO box 2244 Ladysmith, BC V9G 1B7 phone/fax 250 245 8088

website: www.ggcpacificshores.ca

Our New Sign!

Many Thanks to Gary and Deb Keating for our new sign!!

Gary designed, made and set it in place!! The original sign was left in place but is deteriorating from the elements. The new sign is closer to the drive and can be seen well before arriving at the gate.

Gary donated all his time and materials. Boomer's Trefoil Guild paid for the cement and Camp Creina will pay for the gravel.





SOAR 2011

Submitted by: Iris Symon



Heather, Karley & Caroni helping set up Hospitality



Marian Davies (Program - Service projects)



Jenna Mosher & Rebecca Nordman (Rangers--worked in Cafeteria)







Elenor Hurst (Food Services - Cafeteria)



Heather Inscho, Karley Mathieson (waterfront)



International Night-Mexican girls

Sharon Wood, Hospitality-popcorn queen!



Cindy Popplestone (shadowing RG of SOAR)





Elizabeth Berry (Food Distribution)



Linda Janes did a stint in the Hospitality Center for one of her "duties".

More SOAR

Heather Gates & Stephanie Saffin with bear

representing an absent Jo Webster who could not attend at the last moment.



PO G

and thumbnail trefoil.

Fingernails of Susie Potts, Lake Cowichan with all the colors of the subcamp sites



Kevin Breakey & Christie Kwasinski--NP District



Iris Symon & Sharon Wood (Hospitality hostesses)



Nancy Archer (Program, Service) & Kaitlin Archer (Program-Fine Arts)



Cedar Pathfinders

Jenna Mosher showing off her cooking skills



Sharon Wood & Pat Mahon at Opening Ceremonies



Jenna Mosher & Rebecca Nordman



Jamie Lawlor & Colleen Cooper, (Mount Woodside sub camp)



Donna Nolan, (Program Crafts relaxing in Hospitality



Connie Wray (award given at end of camp by her "staff")

Unit News

Joyce Lonsdale Rangers

Submitted by Mackenzie Read, Ranger

We had a very fun filled Spring and we are planning another year just as good!

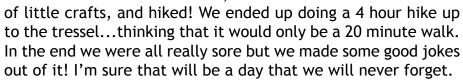
Maris Jahelka, Leah Howitt, Sabrena Rowbotham, and Mackenzie Read all went to the AGM. Maris was awarded with her Chief Commissioners Gold Award! Mackenzie, Sabrena, and Leah were awarded their Canada Cord!



Our unit learned how to scuba dive! I remember it being so much fun to be able to breath underwater and swim through hoops way at the very bottom of the pool. Everyone in our unit had so much fun!



We had our year end camp at Camp Creina. We slept in the new canvas tents. We all decorated shirts, did lots



At our enrolment we had a fancy dinner party. We all dressed up and made a lovely spaghetti dinner. We enrolled four girls that night, and I know being one myself that we are all looking forward to this year and all the fun we are going to have!



Maris Jahelka went on an international trip partnered with Free The Children to Kenya!

Maris said that it was a life changing experience. They connected with community members, helped build an outdoor classroom and pharmacy. They also went on a water walk, where they experienced what it was like for women to get water for their families. Other highlights were the safari, going to the local market, and meeting and playing with girls at Kissaruni, a Free the Children School. "It was amazing and I still haven't found the words to describe the experience!" said Maris.

This year our plans include going to Mt. Washington to go tubing, a year long service project with the Haven House in Nanaimo, a self defence classes, and a year end camp!

Lantzville Pathfinders - Mexico 2011

Submitted by: Heather Mortimer

Our trip to Mexico and Our Cabana started long before we packed our bags and headed south. We began planning more than two years before our intended departure - connecting with girls that may be interested, confirming our own commitment to the trip, and asking for permission from Area Council to fundraise a portion of the money needed to make this idea a reality.

Through everything, we leaders learned an incredible amount. We learned what we did right and (sigh) what we did incorrectly. We hit road bumps and road blocks and a couple mountains - but never were we completely discouraged from attaining our goal.

Our motivation? The idea that these girls would have a wonderful chance to experience Guiding in another country and that they would experience another history, culture, food, and landscape. The Pathfinders and their enthusiasm kept us motivated!

We left for our expedition on July 10th. It was a beautiful day for travel. It's a wonderful way to bond - travelling by ferry and bus and skytrain and airplane all in one day! We went through airport security with no more than the usual hassle although the vacuum-packed blankets in my suitcase raised a couple eyebrows! All our papers were in order and the girls were excited but calm - we arrived in Mexico City without a hitch! But no rest for the weary...

A bus took us to Cuernavaca where we were met by two young women from Our Cabana and three taxis. Cuernavaca taxi rides are a harrowing experience indeed! Great drivers who never need to go on a roller coaster for a thrill!

Our Cabana took great care of us. We shared our experience and our dorms with girls and leaders from North Ireland, Argentina, Alberta, and Mexico. Our understanding of ourselves grew through the challenges set to us ... to explore the ruins and villages we visited, to learn about rich Mexican culture, to reach out to children much less fortunate, to taste food unfamiliar and, thankfully, extremely delicious. Our Cabana is an ideal destination for those wanting to reach beyond themselves and wanting to know about the strength of Guiding around the world. It is safe, clean, energetic and almost bug-free. The one exception would be the scorpion that took a fancy to Johanna and insisted on visiting her ceiling!

After a glorious week, we bid a sad but excited good-bye to our friends at Our Cabana and boarded a bus to Mexico City. I was nervous bringing a bunch of teenage girls to this big city that suffers from a reputation of crime and pollution. We were so pleasantly surprised!

After being brought to the secure gate of Ticalli House, we dropped our bags and started exploring again. There was no stopping these girls! We visited the enormous Basque de Chapultepec with its free-of-charge zoo and raucous market (and I only got them lost once and that was because a road just ended) and found yet another delicious place to eat real Mexican food and struggle with the language! Over the next week, we walked the streets and marvelled at the art and architecture. We took guided tours to the historical centre of Mexico City and to the huge pyramids of Teotihaucan. The guides' knowledge was vast and I feel we were allowed a peek into the magnificence of Mexico's bloody history. We dressed up for a visit to the Folkloric Ballet and dressed silly for a meal at one of MC's top ten restaurants. Oh, yes. We shopped for blankets of cactus and we shopped for silver. We shopped for Talavera bowls and we shopped for leche candy. We shopped for the coolest knick knacks and we shopped in panic for the friend we forgot to buy for! We never felt threatened or fearful, and we battled with stomach troubles only a few times!

The girls were so positive - wanting to do it all, try it all, climb it all. They grabbed this experience with both hands and swung! As Pathfinders from Hurford District, Pacific Shores Area, BC-g, and GGC, they wore their uniforms proudly and jelled into a fabulous team. They went into it with open eyes and came home with open hearts. They made me proud and, more importantly, they made themselves proud.

Lones

Submitted by: Joyce Wenner

With the annual fall registration week behind us and units filling up there are still some girls who are looking for units due to a variety of circumstances. The Lones Branch of Guiding were established to enable girls who are unable to attend meetings in an active unit so they still keep up their membership in Girl Guides of Canada. These include youth members from Sparks through to Rangers. Their time as lones member could be for a short time or for entire the length of their youth membership time period.

The program is exactly the same in Lones as in the active units, it is just executed differently. Most of the meetings are held by correspondence, which is a unique and interesting way of presenting the program! The girls can participate in challenges and special events too. Corresondence is a vital tool in being a Lones member for girls, parents and guiders alike to make the program work.

- How many girls are there in a Lone Unit? Depends on the branch level in Guiding, most units have a maximum of about 6 girls.
- How does a Lone earn badges? The same way a Member of an active unit does. Her work may be evaluated by her teacher, or neighbour. If she is in a remote location, then a parent could be the evaluator or she could send her work to her Lone Guider. Once the badge has been completed, she sends it to her Guider who will order the badge for her.
- How does a Lone do her camping requirements? If she is living in a remote location, she can do them with a friend or a sibling in her back yard. But she is encouraged to participate in a District, Area or Provincial camp. In some cases where the girl has health reasons for belonging to Lones, the program can be adapted to meet her health requirements
- Can an Active Unit adopt a Lone Unit? Yes, that would be wonderful! It would help promote friendships and make Lones feel like they are less alone. Girls from an Active Unit could trade program ideas, crafts, and paper games with girls of the same age. If you have an Active Unit and the girls would like to be pen pals with a Lone Unit, please contact the Provincial Adviser on Lone Guiding.

For more infomration contact the BC Lones Advsier: Joyce Wenner email: lones@bc-girlguies.org

I received this note from Pia Pedersen from Hurdord District in Nanaimo. Check out the latest Canadian Guider for this!

Here is something we should all be celebrating.

To Kassidy
Way to go!
We are all so proud of you.



Halloween Crafts

Submitted by: Joyce Wenner, BC Lones Advisor

Broomstick Goodie Bags for Halloween

Materials

- brown paper lunch bag
- party favors, candy, badges
- 12- to 18-inch long stick or dowel
- raffia
- black spider ring

Instructions

- 1. For each broom, use pinking shears or regular scissors to trim the top few inches from a brown paper lunch bag. Fill the bag about halfway with party favors.
- 2. Place a 12 to 18 inch-long stick or dowel into the bag and use a piece of raffia to cinch the bag around the stick, about two inches down from the bag's top.
- 3. Trim a handful of raffia strands so that they're as long as the bag is high. Use another length of raffia to tie the strands to the bag then spread them out to cover the bag evenly.
- 4. Thread a black spider ring onto the tied raffia.

This can also be used as an enrolment idea by putting in the girls' enrolment items in the bag as well as a Halloween treat. I decorated coffee cans to look like scarecrows for decoration.





Coffee Can Scarecrow

Materials

- 1 Coffee can
- 2 sheets tan felt or foam
- Small scrap of orange felt or foam for nose
- 2 large mismatched buttons •
- 18" twine for mouth

- Scissors
- White craft glue
- Instant grab glue
- Raffia for hair
- Small straw hat
- silk flowers to decorate hat

Instructions

- 1. Put lid on coffee can. Cover coffee can with light beige felt using white craft glue.
- 2. Place coffee can on its side and use instant grab glue to pipe on the mouth. Cut twine to fit on the glue smile and press in place. Cut remaining twine into one inch pieces. Use instant grab glue to attach to the smile in a stitch type fashion.
- 3. To make the nose, cut a triangle from orange felt and use instant grab glue to attach it just above the smile.
- 4. Use instant grab glue to attach two buttons for eyes.
- 5. Stand coffee can up and pipe a generous amount of white craft glue onto the coffee can lid. Cut raffia into 18" lengths and place on top of lid, covering the lid (be sure the raffia lines up properly with the facial features!). Let dry.
- 6. Glue the hat onto the raffia hair.
- 7. Glue two silk flowers to the hat.

Tips:

- Many coffee companies are moving using plastic containers.
 You can still use these plastic containers to create this craft, or scale down the size and use a vegetable or soup can instead.
- If you prefer use wiggle eyes instead of buttons.
- Yarn can be used instead of twine for the smile or you can just draw one on with a Sharpei marrker too.

Autumn Leaves

by Leland B. Jacobs

Green leaves, Yellow leaves, Red leaves, and brown, Falling, Falling.

Blanketing the town.

Oak leaves,
Maple leaves,
Apple leaves, and pear,
Falling,
Whispering,
"Autumn's in the air!"

Big leaves,
Little leaves,
Pointed leaves, and round

Falling, Nestling,

Carpeting the ground



Trefoil

Fun Seekers Trefoil Guild

Submitted by Rosa Hossack

Time passes quickly when your having fun.

As we look back, we did have much fun the previous Guiding year. Now we are already planning and anticipating a fun filled coming year.

Highlights of the past year included visits to Guilds in Victoria and the Nanaimo Last Bastions, (always good food and laughter). We joined the Last Bastion Guild on a visit to Qualicum Cheese-Works then lunch at Morning Star Golf Course. Another venture tooks us to Coombs Butterfly World and lunch at the "Cuckoo House".

One of our members took in the Mid Island camp at Camp Creina (Duncan).

Mother Nature kindly remembered to turn off the shower for those of us who attended on a day trip - What fun!! Singing, nature walks, GOOD FOOD and a quick meeting to start planning for the 2013 rendezvous.

Other activities included a Dinner Theatre Night and a District (Guiding Community) Dinner. Looks like we eat at lot - but Hey, what would be a party without food!!

We had our sad times also with the loss of the Guild's first president, Donna Farkas. In her memory the Guild entered her name in the Book of Honour. A presentation was made to her family at a Father's Day Tea.

Seeking Fun is on our agenda for the coming year.





2011 TREFOIL GUILD CAMP - CAMP CREINA (Kakaleetza Lodge) JULY 12th to 15th

Note: Phyllis was a member of 1st Victoria Guild & may have been the GIC or 'Commandant' of this event for many years, if not the creator of this annual event. Under Phyllis' leadership, the camp was a fairly regimented affair. When Phyllis passed several years ago, the campers chose to remember her by naming the camp in her honour.

For four days in July, fifteen Trefoil members (including two first time attendees) from nine Guilds gathered at Camp Creina south of Duncan for the annual Phyllis Dufton V.I. Trefoil Camp. The relaxed, casual atmosphere sharing games, a patrol duty, or a quiet moment gave us all ample opportunity to get to know a little more about each other. Thanks to Nancy Bothamley, we unearthed our creative talents and turned cast room stockinette into decorated preemie hats for Joan Glass to deliver to the newborns in Barbados. On Thursday, twenty-four Trefoil members from six Guilds joined us for lunch, a tour of camp, and a sing-a-long. Although not sleeping in the new bunkhouse, we enjoyed the luxury of the shower. Sharing songs and stories around glowing campfires brought back memories of camps past. When it came time to sleep, age didn't deter even our octogenarians from enjoying the fresh air and sounds of the night snuggled in a sleeping bag within the protection of a canvas tent.

Our thrifty QM's Ev Zalay and Bonnie Harbidge provided us with menus and ingredients to prepare delicious, nourishing meals at minimal expense. This saving, plus excess funds from last year's camp, enabled us to donate \$245 to Camp Creina's bunkhouse project. A reunion of campers in September, hosted by Dogwood Guild in Ladysmith gives us all a chance to meet again, share photos, and look forward to next year's camp at Milne's Landing in Sooke.



Back row Joan Glass – 1st Victoria preemie hat > Beth Jasper – 2nd Victoria Margaret Cox - Dogwood Bonnie Harbidge (OM) – Comox Valley Ev Zalay (OM) – Dogwood Margo Waterman - Upper VI Campbell River Sheila Carter - Comox Valley Donna Sawyer – 1st Victoria

Front row Marie Randall – Funseekers Isabelle Armstrong – Last Bastion Kathy Brown – Last Bastion Nancy Bothamley - Last Bastion Sharon Fitch – 2nd Victoria Heather Nicol - Faded Blues Mary d'Isendoorn - BC Lone Trefoil



<Visiters Day Thursday July 14th



Pizza buns prep



Bocci ball game





"PHYLLIS DUFTON Vancouver Island" Annual TREFOIL CAMP

Krazy Kapers was the theme for the annual October day of visiting, eating, games/challenges, fashion show & singing for more than 50 members of 11 Van. Isle Guilds. Eight Last Bastion Guild members supplied cupcakes, fruit salad, and beverages. Door greeters were Joyce & Margaret. Member Barb Guenette's husband Larry helped her prepare fruit & also with kitchen duties. Barb Wilson mixed up the punch.





Last Bastion Guild is happy to now have Sheila Carter, formerly of Comox Valley Guild, move to Nanaimo & join our Guild.

Due to illness & work commitments, Kate Hall, Joan McVey & Elizabeth Berry were unable to attend this event.



Attending: Barb Wilson.

Margaret Wehner, Sheila Carter, Nancy
Bothamley, Isabelle Armstrong, Kathy Brown,
Kathy Disher, Joyce Command, & Barb Guenette

After lunch members were given "In A Minute To Win It" challenges: Pencil flip & catch, dice stick balancing and cup stacking.















The 6 attending Fun Seekers Guild members:

Marian Etheridge, Rosa Hossack, Betty O'Rourke, Mary Sheil, Phyllis Young and Wendy Haimes, presented the unique and hilarious commentary fashion show called "Designer Special" for our enjoyment. Presenting the fashions straight from Milan, Paris and New York were Miss Sunshine, Adventurous Mary, Flamboyant Phil, Wild Wendy, Roaring Rosa, Mysterious Marian, Bouncy Betty.

It was a beautiful, sunny day and I'm sure we all went home after a closing sing-song with smiles and new memories of the fun & friendship of Trefoil Guilds.



Members attended from: 1st B.C. Lones, 1st Victoria. 2nd Victoria, Boomers, Comox Valley, Cowichan, Dogwood, Fun Seekers, Kingswood, Last Bastion, Penisula Pals

Below were mixed table groups:



Armstrong Barner Parker Brown Young Luco Kallrath

Marg Standish, Margaret Sharples, Nancy Bothamley, Margaret Shaw Ruth Gillialt, Yvonne Walmsley, Betty O'Rourke



Mary Mitchell, Pat Sinnott, Mary Ann Tuller Mary Sheil, Alice Thomas, Peggy Akenclose





Ethyl Backlund, Brenda Jagdis, Barb Kerr, Barb Wilson



Margaret Wehner, Rie vanderVeen Pat Sanders Judith Williamson, Sheila Carter, Mary Loughran



Mary Hitchen, Wendy Haines Jean Bauch, Elaine Eastman, Elenor Hurst



Margaret Rose DePagie, Ev Zallay, Mary Savy Mary d'Isendoorn, Donna Sawyer, Marian Ethridge

Pacific Shores Council

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Area	Comn	nissior	ner	
Dep.	Area	Comm	ission	ıer
Dep.	Area	Comm	ission	ıer
Treas	urer			
Secre	etary			
Area	Award	ds Adv	iser	
Area	Camp	ing Ac	lviser	
Area	iMIS A	Advise	r	
Camp	Crei	na		
Cook	ie Adv	iser/		
Area	Interi	nation	al Ad.	
Area	Memb	pershi	o Ad.	

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Waters Edge	Roanna McCormack, DcC <u>roanna@shaw.ca</u>

Heather Rendell, DDC

Wilderness Training

(Adult Leadership)

The BC Camping Committee is sponsoring a weekend of Wilderness Training for BC Guiders. Both programs run at the same time; therefore, Guiders must choose between courses. See the applications for full details. (Links to BC Website below)

When: March 30 - April 1, 2012

Where: Camp McLanlin, Abbotsford, BC **Deadline to register:** January 15, 2010

• Wilderness Training Module's application Wilderness First-Aid Training application

or check out www.bc-girlguides.org/events

Thank you all for your submissions.

The deadline for the next issue is Jan 3, 2012 but please send your submissions in any time at:

www.ggcpacificshores.ca/contact.

hrendell@telus.net

Trina Lambert, Editor