



The Log Jam

Pacific Shores Area

A Publication of the Girl Guides of Canada

January
2012

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Submissions

Submit your articles
anytime at:

[www.ggcpacificshores.ca/
contact](http://www.ggcpacificshores.ca/contact)

Deadlines:

Apr 4, 2012 Oct 3, 2012
Jul 4, 2012 Jan 3, 2013

Bunkhouse Opening

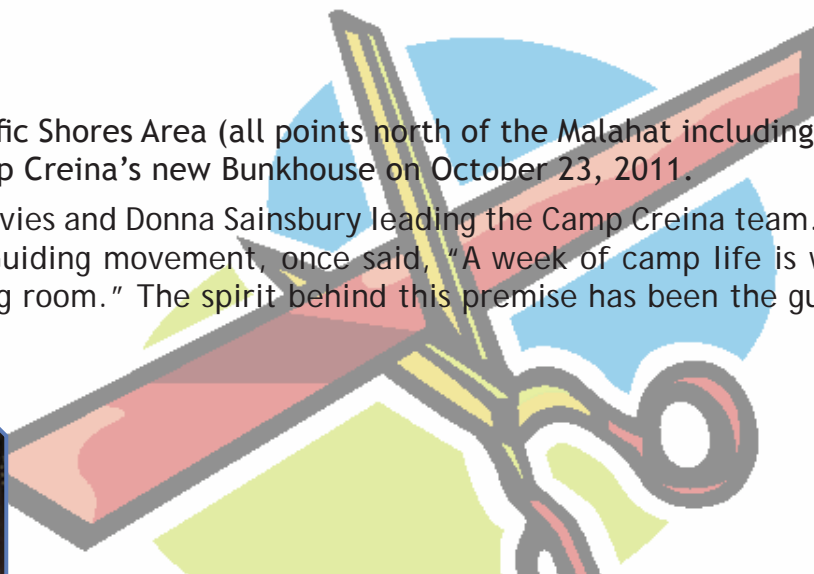
Submitted by: Jamie Lawlor

Over 100 Girl Guides and leaders from the Pacific Shores Area (all points north of the Malahat including Powell River) attended the official opening of Camp Creina's new Bunkhouse on October 23, 2011.

The dream began four years ago with Marian Davies and Donna Sainsbury leading the Camp Creina team. Lord Baden-Powell, the founder of the Scout and Guiding movement, once said, "A week of camp life is worth six months of theoretical teaching in a meeting room." The spirit behind this premise has been the guiding principle for this project.



Donna Sainsbury; Dawnette Humphrey, Marian Davies



Awards

Submitted by: Lee-Ann Knight, Area Awards Adviser

Pacific Shores Area Award



Donna, Marian, Lee-Ann, Dawnette

The Camp Creina Bunkhouse Opening on October 23rd 2011 was a beautiful sunny day. Marian Davies and Donna Sainsbury were presented with the Pacific Shores Area Award for their dedication, hard work and commitment to the Bunkhouse project by Lee-Ann Knight.

Silver Thanks Awards

Silver Thanks Awards were also presented that day to Bill Sainsbury & Norm Willey. Jim Duddridge received his at a later date. These gentlemen were vital to the Bunkhouse Project and we thank them.

Bill Sainsbury and Norm Willey
(missing Jim Duddridge)



Is there someone in your District who is worthy of an Award? Check out the Area Website under General Award Summary for Pacific Shores Area to give you ideas. If you need help contact your District Awards Contact or the Area Awards Committee.

Bursaries

Submitted by: Lee-Ann Knight

Bursary applications are ready for 2012 check out the Area Website at <http://ggcpacificshores.ca/content/bursaries-and-awards>. They will be posted soon. Or, contact:

Pacific Shores Area Awards Committee
c/o Lee-Ann Knight
lee-ann.knight@shaw.ca
(250)756-3856

Edith Duncan (Krebs) Memorial Bursary is open to those in Hurford, Nanaimo Piper, Nanaimo Arbutus, Waters Edge or Coastal Rainforest Districts who meet the criteria. This was established by the families in memory of Edith in recognition of her many years of service to Guiding and her strong belief in further education. \$2000 paying \$1000 a year for two years.

Pacific Shores Area Bursary is open to all members of Pacific Shores Area who meet the criteria. This was established to recognize the contributions of its active girl Members. It offers financial assistance at the time of their High School Graduation to assist in furthering their post secondary education/training in a field that will enhance the life of the recipient. \$500

Camp Creina

From inside the BUNKHOUSE!!

It is here and ready for indoor campers! It all began in 2007, and yes, there are still more projects to make the facility complete but, at this time, it is ready for campers. Better lighting, ceiling fans, coat hooks, shoe shelves, mattresses and sanding/staining the bunks are all cosmetic projects that await volunteer help. This building was created in answer to the call from our Guiders! They wanted a newer accommodation with indoor plumbing, hot water and heat! After a lot of consultation with our Guiders it was decided to build in phases. Phase One being the bunkhouse and Phase Two the renovations on the original building making it the kitchen, dining/activity area. A Project Manager is needed before Phase Two will begin.

Now offering diverse camping opportunities to both Guiding and non-Guiding groups. We can accommodate the rugged campers who wish to hang a hammock to those who must have the amenities of home! It's like travelling in an RV or staying in hotels...the accommodation is there and the cost is according to your choice! Of course, the cost of staying in the bunkhouse is more than the tenting sites because what you get does not equal each other!

What are the costs of adding such services to our camp? We could have installed hot water tanks that are heated continuously at an ongoing cost for the energy to keep them heated or we could install a hot water on-demand system that is turned on and off as needed. We chose the latter so we were not burning energy (Guiding dollars!!) when no one was in the building. The bunkhouse is one large room (20 beds) and one small room (8 beds). Both rooms are heated with electric heaters. As soon as the heat is turned on more Guiding dollars are burned. The electric lights, ceiling fans and septic system also cost more dollars to run. Hence, the additional cost to staying in the bunkhouse!

Camp Creina is YOUR camp!! It is legally owned by Girl Guides of Canada but controlled by Pacific Shores Area. Therefore, EVERY Guider and girl in our area has a responsibility to our camp. We encourage all Members to visit the camp to learn about outdoor camping and what your camp offers before coming to camp to stay. It will make your stay more comfortable and help you plan what to bring or do while at camp.

Use it or lose it! We have read about Girl Guide camps in Ontario and how Girl Guides of Canada have sold more than half their camps because units were not using the camps...choosing to camp in private camps at higher costs because they 'got more!' Recently I attended a Properties Workshop for Guiding properties in BC. Camp Creina has one of the lowest rates for Guiding groups in our province! Girl Guides of Canada insist that each Guiding property must pay for itself from the fees it charges. So please consider Camp Creina for your 2012 unit/district camp! Your camp committee has worked hard to make it the preferred destination to camp.

Happy Camping,
Marian Davies, Camp Creina Chairperson
edlines@shaw.ca

Updated Booking Form

Check out the Updated Booking Form at <http://ggcpacificshores.ca/content/camping>. Please note the change in address for booking forms as Morgan Darbyshire has moved to Nanaimo.

CAMP CREINA 2011-2012 BOOKING FORM

Girl Guides of Canada - Pacific Shores Area

BOOKINGS WILL BE PROCESSED COMMENCING NOVEMBER 1 FOR THE FOLLOWING YEAR

UNIT _____ DISTRICT _____
Responsible Guider _____ Phone _____
Address _____ Email _____
_____ Postal Code _____
Alternate Contact _____ Phone _____
Estimated No. of Campers: _____
CHILDREN GUIDERS' OTHER ADULTS

SITE CHOICE(S): *Buildings:* Kakaleetza _____ Maple Lodge _____
Indicate if you need assistance with lighting the stove: Yes ____ No ____
Campsites: (circle) Khenipsen Sail-O-Quas Hecate McBryan Naomona Lamalcha Kaatsa
DATE OF ARRIVAL **DATE OF DEPARTURE**
1ST CHOICE From: _____ To: _____
2ND CHOICE From: _____ To: _____
APPROX. TIME OF ARRIVAL: _____ am/pm **DEPARTURE:** _____ am/pm
If none of the above dates are available, you will be emailed/phoned to confirm another date.

CAMP CREINA BOOKLET (2009) EDITION REQUIRED YES NO

CRESTS \$2 Camp Creina (for 1st camp at Creina) / Camp Creina Trader - 2 designs (no limit)

CAMP FEE \$3 PER PERSON PER NIGHT (minimum camp use fee \$3 per person)

MAPLE LODGE BUNKHOUSE CAMP FEE \$10 PER PERSON PER NIGHT

ALL CAMP FEES PAYABLE DIRECTLY AFTER CAMP

TWO cheques must be sent with each booking

1st cheque: **\$10** non-refundable administration fee at time of booking

2nd cheque: **\$100** clean-up/damage fee *post-dated to '1st choice' date of arrival*

To avoid paying this extra fee, the campsite/building/cupboards/equipment *must* be left clean and tidy and the equipment clean and *dry*.

Cheques payable to: GIRL GUIDES OF CANADA

Mail to: Morgan Darbyshire
Camp Creina Booking Secretary
2044 Cathers Drive
Nanaimo, BC V9R 6R9
Phone & Fax (250) 591-4595

Signature of Responsible Guider

Booking received _____ Non-refundable \$10.00 Fee Paid _____

Confirmation Mailed _____ Camp Fees Paid \$ _____

OAL Training

Submitted by: Donna Hamilton



OAL training was well attended at the Cumberland Hall October 21-22.

Everything from forms (all those wonderful forms) to a demonstration on water resistant clothing. Menu planning, girl safety and games, among so many other things, were taught in a fun, hands on method by an enthusiastic training team.



And the cook was no slouch either! As with all Guiding events, participants enjoyed plenty of delicious, nutritious food and snacks. There were new Guiders and experienced Guiders and everything in between. Fun memories and new freinds were made while we learned some valuable lessons on Residential Camping, including where all the best ones were!

Many thanks to the Training Team: Clover Burgess, Colleen Cooper, Linda Hodgkin and Barb McDougall

Watch for OAL 2, tent camping to be offered. Date TBA.



Get With the Program!

Submitted by: Lynne Macara

I'm Lynne Macara, from Campbell River, and I'm our Area Program Adviser. I'm presently a Pathfinder leader, having worked my way up from Sparks with my daughter. As a youth, I worked my way through Brownies to Cadets and I had many, many wonderful opportunities. I'm happy to be volunteering in this position. I can be reached at tayara@telus.net.

Community Challenge

We are starting the process to develop a Community Challenge. This would include ways to reach out and be a part of our communities

Ideas from the Field

Sparks:

Visit a community garden and learn about composting, beneficial insects (we got to release hundreds of ladybugs), growing a row for the food bank and the wonders of gardening. The girls got to SEE, TOUCH, SMELL, TASTE and HEAR the garden! Use this activity as one of the additional activities (plan a short trip in your community) for the In My Community Keeper. The girls had an awesome time...I would highly recommend this field trip. Tina, Sparks

I'd love to include your suggestions for what has worked with your unit - please send them in to me and I will include them in this new segment of our LogJam! tayara@telus.net

Odds and Ends

- Code of Conduct - five finger contract activity to reinforce the code of conduct <http://www.ultimatecampresource.com/site/camp-activity/five-finger-contract-challenge-by-choice-.html>.
- New Games and Activities page on the program section on the website: <http://www.bc-girlguides.org/resources/program/games-and-activities/>
- Eco-pak resources are only available through the Eco-pak backpack and cannot be published. Email program@bc-girlguides.org to receive a digital copy of this resource.
- A large supply of the old Science-in-a-Box crests have recently been located. As this Challenge is no longer current, we have decided to distribute these free of charge, as follows: every participant at GUEST will receive a crest; any Unit that

It could include requirements such as community service, Remembrance Day participation, etc. I welcome any suggestions you may have on what to include.

Pathfinders:

We collected small, smooth rocks from the beach, one for each girl and put her name on it. We keep it in a bag and whenever we need to divide into partners or small groups, we randomly pull rocks out. This keeps the girls mixed up (without us having to be always trying to keep certain combinations apart), and the girls love the randomness of it. We can also use it to decide who goes first, second . . . Lynne, Pathfinders

completes and orders all four parts of the STEM Challenge will also receive a crest for each set; any Unit/District/Area participating in the Science World sleepover program may request a crest for each participant; any area holding a STEM-related program event may request a crest for each participant. Available while supplies last. All requests for this crest should be made through program@bc-girlguides.org.

- The National Bone Building Challenge has been replaced by the BC Active Living Challenge (see <http://www.bc-girlguides.org/resources/challenge-crests/>)
- The Pathfinder "Be a Model Citizen" module in the Pathfinder program book is outdated. Current info available on the Member Zone in the Pathfinder program section.

Unit News

3rd Wellington Guides

Submitted by: Donna Hamilton



An extremely creative collection of costumes were displayed by 3rd Wellington Guides at their Halloween Party. Cupcakes, ghoulish "hand"icrafts, apple bobbing and creepy touchy-feely things were all in good fun!



Joyce Lonsdale Rangers

Submitted by: Lea Read



We had a great start to the year with some fun activities. We started by selling our Mint cookies at our local grocery store with the help of one of the Sparks units. It was a great day and we sold almost half our cases in the 4 hours we were there.

We had a bonding night to get to know the new girls and to have some fun playing games. We also had a baking night...who doesn't like homemade cookies?!

Glass bead making, self defence classes, Remembrance Day ceremony,



singing Christmas Carols at a local retirement home with other units in Ladysmith and then our own Christmas party rounded out our fall. We have been very busy and planning more for the spring! Next week will be a cooking class learning how to make Thai Chicken. Looking forward to that.

See you all this spring!

District News

Campbell River District Sleepover

Submitted by: Barbara Wood

“Celebrating Parks” Sleepover

What does a damp shoe lace, a paper coffee cup, a bead and a hall full of girls make? Very loud moose calls!

Campbell River District's theme for their sleepover was “Celebrating Parks” - National, Provincial, Regional, city and local Greenways. It was held at the Quinsam Cultural Center on November 18-19, 2011. Well done Pathfinders and leaders!

Our rotations consisted of:

Crafts:

- making a bird feeder with lard, pine cone and birdseed
- making moose calls while wearing “Jerry the Moose” antlers, courtesy of BC Parks

Games:

- paper snowball fight, beach volleyball, snow shoeing and octopus tag
- the 1st Maple Guides managed to involve most of the 118 girls in parachute games for almost 20 minutes. A new experience for most



Speakers:

- Mountaineer Avian Rescue Society came with their ambassador Screech Owl “Otis”
- Grandpa Bill came with his stuffed American turkey, rattlesnake skin, antlers, and animal calls. The elk and moose calls of the bull, cow and calf were demonstrated. The gobble of

the turkey varied according to the sex and age.

- Greenways Land Trust presentation was done by their Operations Manager; why there is a land trust and how each one of us should protect what we have was emphasized



Food:

the ingredients of the Trail Mix took us across the Province to various parks: Graham Teddy Bears were Spirit Bears from the Central Coast; jelly beans for the eggs found in eagle's' nests; Cheerios were life preservers when canoeing in Wells Gray Park; bear droppings were chocolate rosettes; twisted pretzels were owls and racoons that are found in Stathcona Parks, Miracle Beach and local Greenways; tried fishing in Garibaldi Park but gave up so went to Goldstream Park ...goldfish crackers.

an energizing selection of cheeses, meats and crackers got everyone ready to sing with Mary and, yes, we did sing the moose song with our antlers on!

What a great bridging event plus Guiders of various branches got to become acquainted. Thanks go out to all that came on that snowy and icy evening to make the evening happen.

Otis's Message to YOU: Do not throw any food like gum or apple cores out your car window because mice and other rodents will come close to the highway to eat them. Owls see these animals as food and when they fly in to get them they often cross paths with cars or trucks - that's how Otis got severely injured.



Campbell River District

Submitted by: Barbara Wood



Remembrance Day

The Canadian flag had a difficult time fluttering at the Campbell River Remembrance Day ceremony. The rains were heavy and when the wind picked up it was strong and cold. Over 70 Sparks, Brownies, Guides, and Pathfinders and Guiders withstood this temperature and marched in the Legion parade to the cenotaph. Wearing pinnies,

ponchos, rain gear, and even boots they persisted for the length of the ceremony. Two Sparks, two Brownies, one Guide and one Pathfinder laid the wreath on behalf of Campbell River District. Well done Campbell River District.

We are very proud of the members that came out and tolerated this horrible weather!

Operation Nutcracker



Nine Guiders and one Pathfinder braved the 8:00am call to decorate the Campbell River District's float on December 4, 2011. The theme set by the City's Winterfest Parade committee was 'The Nutcracker.'

Creative Guider Nicole constructed and painted a two sided Nutcracker that was more than 8 feet tall. We actually had to anchor the Nutcracker with 2 sandbags because of his height! He oversaw his Guiding kingdom with a gentle smile while being a predominant feature of the float. The low bed supplied by Az-Tech Freight glistened with a silver fringe topped with blue pompoms.



Each Guiding Branch had a special feature related to the Nutcracker: Sparks as sugar plum fairies wore party dresses and crowns; Brownies were mice with red noses, whiskers and large white/pink ears; and Guides and Pathfinders were soldiers with tall black hats trimmed with red tassels, a sword to wave and red ribbon markings. Even some

of the Guiders were decked out in Christmas headpieces while walking in the parade!

The day was sunny and comfortable for sitting, especially while wrapped in a blanket. Waving greetings to the audience with their candy canes or swords and occasionally singing a Christmas tune made all "merry and bright".

A huge THANK YOU goes out to Az-Tech Freight for providing the low bed, truck and driver for this occasion. Also a huge thank you to the Guiders and parents that support Guiding's participation in the parade by coming and supervising the girls.

Happy New Year from Campbell River District!

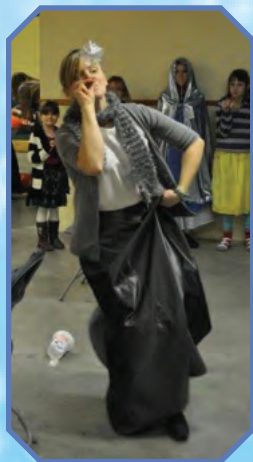


Salt Spring “Snowflake Ball”

Submitted by: Gail Temmel



Fifty-five of our Sparks, Brownies, Guides & one Pathfinder, plus 12 Guiders and three helper mums gathered in their ball gown finery at the Farmer's Institute for a fancy afternoon tea, followed by a round robin of glittery crafts. The girls made paper snowflakes to add to our decorations and created corsages, wrist snowflakes and hair fascinators to wear for their Snowflake Ball. Ever tried to throw a cotton ball snowball or hold a paper snowflake to a straw through an obstacle course? Our girls did and got quite good at it! Barn Owl, Celia Meade, led them in a collection of dance moves from around the world and the girls loved it! We ended our ball with a “snowball fight”, with scrunched up paper balls, made out of our tea table paper clothes - a great way to recycle the paper and what a flurry of “snow balls” we had. We held our campfire after dinner and it was full of wintery themed songs. We saw the Sparks head home around 8 p.m. and then the Brownies and Guides settled in for the night. Though we did not get snow, it was cold and frosty overnight - just perfect to end our event. This is a great Program sponsored event and we highly recommend it to brighten up the winter nights with your girls.



Trefoil



Boomers Trefoil Guild

Submitted by Lee-Ann Knight

The Boomers Guild has grown to 22 members and we were mentioned for completing the Membership Challenge

ONE BY ONE BY ONE

Congratulations to the Boomers Trefoil Guild from Pacific Shores who all completed the BC Girl Guides Membership Challenge. They especially liked the

list of things to do when you are older and they called it their Purple Bucket List!

For Christmas we collected non perishable food items for Hamperville and made toiletry bags for the women at Haven House.

We wish everyone a Happy New Year and Happy Guiding in 2012!

The Funseekers Trefoil Guild

Submitted by: Mary N. Sheil

This year we went to Victoria for our Christmas Celebration. Our cars were programmed to stop for mid morning coffee at Tim's in Mill Bay. We then proceeded to the Fairmont Empress Hotel where we strolled through the halls of beautifully decorated Christmas Trees. We took advantage of the opportunity to choose a favorite tree (or trees) then made our donations to the BC Children's Hospital.

Then it was over to the Legislative Building for lunch. We were warmly greeted by security at the entrance, having to surrender our identification/drivers license cards. These were replaced by name cards for us to wear and where returned as we left the building. We then proceeded to walk through the corridors to the Cafeteria, stopping to look at the portraits on the wall of all our Prime Ministers. Our waiter

was friendly and most attentive to our needs as he served a very tasty lunch at reasonable prices. We all enjoyed delicious no calorie desserts. He was very interested in our Purple Uniforms. We were not able to take a Tour of the Legislative Buildings as time would not allow us. Another item on our Bucket list. We then shopped until we dropped before returning home with a stop for dinner at Whipple Tree Junction.

Another evening was spent at the Bethlehem Walk in Parksville. This walk is an annual event sponsored by the Baptist Church.

The Purple ladies again enjoyed strolling through the extremely crowded streets of Bethlehem, enjoying the animals as well as the sites, smells and sounds of the City. As always, the centurians that patrolled the streets were very popular with the Childrenand of course visiting with Baby Jesus

and his parents was the main highlight for everyone (this is a real babe).

We then went into the Auditorium to be entertained by the singing of Carols by the Choirs as we sipped Hot Chocolate and nibbled Cookies. The true meaning of Christmas for everyone.

If you have never been, I urge you to try and go next year. It is a must go in my home each year and is becoming a tradition with our Guild Members as we celebrate the real meaning of Christmas.

Last but not least, Guild members were invited to attend a Brownie Unit to talk about Brownies in the Olden days. It was a fun evening for everyone.

Yours in Guiding,
Mary N Sheil

Pacific Shores Council

Area Commissioner	Dawnette Humphrey	dhumphrey@islandnet.com
Dep. Area Commissioner	Deanie Patten	dppatten@shaw.ca
Dep. Area Commissioner	Ann Henkelman	islandgirlguide@gmail.com
Treasurer	Patti Salewski	p_salewski@hotmail.com
Secretary	Barbara Lewis	barbwired@telus.net
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Area Camping Adviser	Colleen Cooper	colleen513@shaw.ca
Area iMIS Adviser	Terry Newell	cdnguider@gmail.com
Camp Creina	Marian Davies	edlines@shaw.ca
Cookie Adviser	Diane Dunbar	di-dar@shaw.ca
Area International Ad.	Teri Osborne	osbcon@shaw.ca
Area Membership Ad.	Mary Barry	sorrelwood@pacificcoast.net

Paddles in Motion

A special event to apply for this coming summer, sponsored by the BC Camping Committee.



This expedition is for:

Senior Pathfinders, Rangers & Trex members who would like an opportunity to explore the delights of a visit to beautiful Salt Spring Island and spend an exciting 4 days learning to kayak and taking part in a 2 night out trip with a certified kayaking outfitter.

Applications will come out in the next Pipeline and will be on line by the end of January.

Deadline for applications is **April 13th** and they must be mailed in time to reach the Provincial office on that date.

It promises to be an exciting time for those lucky 10 girls chosen, so get your applications ready!



Area Program Adviser	Lynne Macara	tayara@telus.net
Special Events Advisor	Julie Duddridge	julieduds@shaw.ca
Area Public Relations Ad.	Jamie Lawlor	jlawlor8@telus.net
Area Training Adviser	Dalyce Knight	dalyce.knight@shaw.ca

District Commissioners

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	Johanna Scott, DcC	
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	Kevin Breaky, DDC	bkevin@shaw.ca
Nanaimo Arbutus	Tracey Harvey, DcC	tracyharvey@shaw.ca
Waters Edge	Roanna McCormack, DcC	roanna@shaw.ca
	Heather Rendell, DDC	hrendell@telus.net

Thank you all for your submissions.

The deadline for the next issue is April 4, 2012 but please send your submissions in any time at:

www.ggcpacificshores.ca/contact.

Trina Lambert, Editor