# Spring 2016 Girl Guides of Canada Pacific Shores Area

#### **Letter from the Area Commissioner**

As you can see in the pages of this edition of Log Jam, many of our girls and Guiders caught the travel bug. There are occasions in life when we are given the opportunity to really learn about ourselves. Travelling is one of those times. As you experience new places, cultures, foods, sights and sounds that are often completely new it can be challenging, but will always be an adventure of discovery. I don't think anyone can come away from an international trip not changed, even a little. Being in another country can give an individual a whole new perspective on themselves, their own country, community and ways of living. Thinking about taking your Pathfinders or Rangers on an international trip to a World Centre? Get in touch with the Area International Adviser, Jill McCormack who can advise you how to get started. jillmack23@gmail.com.

I'd like to applaud those intrepid Guiders who go the extra mile to arrange trips for their girls. Whether it be a trip abroad, within Canada, across to the mainland or around our own beautiful island it cannot happen without first a Guider being inspired to do it, who brings in fellow Guiders to do it with her and then all of them putting forth the effort and time to make it happen. Just look at the faces of the girls in these pictures and you will know it was all worth it. Learning and growth happen wherever guiders and girls go. A lot of smiles and laughter go with you too!

There are many more exciting trips and outings being planned this guiding year. The FR1's for fundraising are pouring in. I'm excited to say that there are two international trips in the works for 2017. One is to Switzerland and the other to Paris. Bravo to you all!

You will also read that Pacific Shores Area Council has welcomed our new Awards Adviser, Laurie Douglas. We are so privileged to have her. Thank you to Lee-Ann Knight for serving in this position so brilliantly these past years. Now is the time to start seriously thinking about rewarding that Guider who deserves special recognition. Laurie is excited and eager to receive your nominations and to offer advice. lauriedouglas67@shaw.ca.

Over the years guiding in Canada has gone through changes and will continue to do so in the years to come but there is one thing that is a constant, and that is the value girls get from being part of this dynamic organization. I believe as long as we, the women in guiding, remain ready, willing and enthusiastic about delivering program in fun, exciting, interesting and challenging ways then no matter what the future brings there will always be girls who will have fond memories of their days in guiding. I must say, there is no shortage of enthusiasm in Pacific Shores Area!

Do keep preserving those memories by taking photos and sharing your stories with others in the area by way of the LogJam. Big, big thank you to Lynn Reeve, our patient and persevering editor, without whom there would be no LogJam. Also, don't forget to take a look at "Shorelines", our area Trefoil Guilds' newsletter edited by Iris Symon and available to read on the Pacific Shores Area website. The ladies in purple are busy and having a heck of a lot of fun at the same time.

As always, cheers, Deanie Patten Commissioner, Pacific Shores Area

#### Deadline for the next issue of LogJam!!

# Friday, April 1st

no fooling!!

Email your submissions to lreeve@telus.net.

Text can be Word, Pages, or text documents (NO PDFs)

Photos (1 per email please) must be jpgs.

Extra Brownie Points for getting things in early ... LOL

# Visits to the World Centres

We (13 girls and 3 adults) started our journey by taking two vehicles from Powell River to Vancouver Airport via the ferry system. That is two ferries with a drive down the Peninsula inbetween.

We ate at the Airport after we checked our luggage. We went through customs as a group making the entire experience simple.

Each day the girls got up, ate breakfast and then packed their lunches. We participated in flag, which included raising the flag, quote of the day, an energizer and words from the manager. Then we moved on to our program.

#### Day 1

- We arrived at Heathrow and took the tube to Pax Lodge.
- We checked into our rooms and unpacked.
- barbecue with girls from Connecticut for dinner
- played ping pong and cards

#### Day 2

- We walked to Camden Lock Market
- girls shopped for souvenirs and found all sorts of interesting things, learned to barter
- back to Pax for Cream Tea at 3pm with the new group from Newfoundland
- cream tea included scones, tea, and macaroons
- ice breakers and games with the staff and other groups
- international night where we and the other two groups made presentations about where we were from

## 2nd Powell River Pathfinders Visit Pax Lodge

#### Day 3

- morning was a sessions about WAGGS by Pax staff
- bus tour of London
  - areas of London
  - buildings
  - history
  - Buckingham Palace
  - famous people
  - interesting facts
- London Eye
- dinner at Pax and then Quiz Night

#### Day 4

- Challenges across London (girls did Harry Potter or Dream Green)
- Harry Potter:
  - Millennium Bridge
  - platform 9 3/4
  - HP store
  - Leicester Square
- Dream Green:
  - Sherlock Holmes Museum
  - Hyde Park
  - GG Headquarters
  - Harrods
  - Portobello Rd Market
- dinner at the pub
- Mama Mia musical

#### Day 5

- Tower of London with Beefeater tour
- tour of the state rooms in Buckingham Palace
- poured rain so back to Pax for dinner

#### Day 6

- Service project pulling ragweed at Hampstead Heath
- tea with the rangers we helped and a good walk around the Heath with explanations
- fit 19 girls into a hollowed out tree in the middle
- went to Leicester Square and watched street performers
- M and M World to learn what kind of M and M they were



Here they are on Day 9 ... posing for a group shot on the Prime Meridian (0 Longditude)

- barbecue to end the program with the staff and Newfoundland
- shared songs and games
- pin ceremony

#### Day 7

- toured the British Museum
- watched carnival stilt dancers from Trinidad and Tobago
- some girls also listened to African folk tales
- dinner at Munchkins which had traditional British as well as other options
- attended Lord of the Dance show (Irish Dancing)

#### Day 8

- walked across London Bridge
- walked along the river
- saw Sir Francis Drake's ship
- saw the oldest church in London and listened to the bells
- attended Richard II at Shakespeare's Globe Theatre
- walked across the Millennium Bridge
- took the river ferry to Tower Bridge
- climbed many stairs and walked across the Tower Bridge at the top
- watched the video on how it was made and other bridges around the world
- restaurant for dinner

#### Day 9

- took the train to Greenwich
- toured a tea trader called the Cutty Sark
- had tea and scones
- climbed the hill to the Royal Observatory and toured it
- the girls had their picture taken on the Prime Meridian (0 longitude)
- took a river ferry
- dinner in Victoria Station so girls could see the massive train station and watch
- attended the musical "Wicked"

#### Day 10

- walked to Primrose Hill for an amazing view
- continued on to the zoo
- toured the zoo and listened to some talks
- took a canal boat to the market
- last minute shopping souvenirs
- dinner back in Belsize Park at the Giraffe restaurant

#### Day 11

- taxi to Heathrow and home

Arriving at Vancouver Airport we were met by the two vehicles and took the long journey back to Powell River via two ferries. Ate on the ferry.

# Pathfinders and Rangers from Port McNeill Visited Our Cabana



These are photos of the Port McNeill Pathfinders and Rangers in Cuernevaca.





When they got home, they talked to the younger girls about their trip and what they had learned.

Some of the Port McNeill Pathfinders and Rangers gave a presentation to the Port McNeill Guides about their trip to Our Cabana this summer. They completed activities and games enabling everyone to complete the Our Cabana Challenge as well. Everyone enjoyed the Mexican Amate Painting.





Members of the Port Hardy Guiding Units made their own wreaths to lay during the Remembrance Day ceremony in Port Hardy.

"Marina Walker (International Adviser, Nanaimo-Piper District) dropped in at Pax Lodge when she was visiting her sister in London last fall. She was greeted with a warm welcome and enjoyed the opportunity to purchase some crests and souvenirs at the gift shop. Two world centres down; two to go!"

#### New Awards Advisor:

Hello Guiding Sisters -- old and new friends. Laurie Douglas is back. My role in the Area is Awards, filling the big shoes of our last Awards adviser Lee-Ann Knight who has been a wonderful asset to the Area Council, recognizing many worthy Guiders during her tenure.

So, awards -- whats all the fuss about? Guiders who do what they do don't do it for the praise. But! Isn't it nice to be recognized?? Thanked? Appreciated? You bet it is. Think about who is in your District. Who has always attended every event, with or without a group? Who can you always rely on for that extra body at camp? And, when is the last time you said thank you. Or given a small token of appreciation. Or who deserves a better gift -- like a formal Girl Guides of Canada award??

Give it some thought, perhaps pitch the idea to a few Guiders who have worked with her. Make it a goal to recognize at least ONE good Guider, a mentor of yours, a peanut butter to your jelly this year. Giving an award is such a nice feeling for you both. I dare ya...

Watch your emails for bursary info coming!



Guiders, Girls & All Family Members from ANY Unit in Pacific Shores Area.



March 13th, 2016 10am-3pm

Come & Help Take Care of OUR Beautiful Camp!

Bring good footwear, work gloves, water bottles, Clippers, Rakes (if you have them), & Smiles



REMINDER TO LEADERS: SG. 1 & 2 Required NO DOGS!!! LUNCH IS PROVIDED

RSVP to Pacific Shores Area Properties Admin by March 7th: 2014ggcccadm@gmail.com





This picture is Arrowsmith Ranger Ginny Lefeaux with SOS Director Renate Sutherland in December, with over 100 tray favours for Meals on Wheels.

The ladies at the SOS are always excited and grateful to receive these crafts to decorate the meal trays for their shut-ins.

# Waters Edge Guides Visit Victoria

16 Guides and 6 Guiders from Port Alberni, Tofino & Ucluelet had a wonderful time taking in the historical sites of Victoria. We stayed at the South Vancouver Island Guide house, which has a wonderful location within walking distance of many exciting attractions and is



well within any unit's budget.

We can not recommend enough the private walking tours that we took through Discover The Past. This is a family owned business and our Guide Chris Adams was an excellent storyteller. He completely captured our girls' attention. The dare-devils in our unit were enthralled by his gruesome ghost stories and his appreciation for Victoria's Chinatown tied in perfectly with our Provincial Heritage interest badge work.

We also had an official tour of the Legislative Assembly and visited the Victoria Bug Zoo. For many, the highlight





# Crafts Crafts Crafts

Above Gloria teaches Port Hardy Brownies and Guides how to make cedar bark bracelets. Gloria is mother and Auntie to a couple of our girl members. She did a lesson demonstrating how to use cedar bark to make a bracelet. To make it easier for the girls, she started with a base of plastic mesh, connected into a bracelet and the cedar strips were used to cover it over. Gloria has been working on mastering her weaving skills and has made numerous other cedar items, such as the cedar hats visible in the Remembrance Day photo. She is a member of the Gwa'sala 'Nakwaxda'xw Nation, near Port Hardy. She plans on making more cedar items to sell in the hotel gift shop of the "under –renovation" Kwa'lilas Hotel (formerly Port Hardy Inn).

(Right) The 1st Wellington Pathfinders along with the 1st N/P Pathfinders & 1st N/P Rangers had a bridging Christmas Craft Camp at Criena in Kakaleetza. Here Eva Juhtras & Frankie Pothier from 1st Wellington Pathfinders who made a Rainbow Snowman for their leader Donna Hamilton. A great time was had by all. Crafts included making string balloons, painted glass balls, christmas cookies, chocolates & christmas cards.

## Area Council: Ann Henkelman, Membership Advisor



Ann Henkelman .... membership advisor got her start in Guiding when the units and Guiders in Gold River needed someone to make music a bigger part of their meetings and events. Ann visited all the units regularly and taught songs, that she first had to learn herself because she had not been a girl member, to lead camp-

ver Island Regional Library. I'm still a qualified teacher. I am part of the Gold River Literacy Society and I'm looking forward to a new black labrador puppy joining our household in mid-December. I'm a granny with two grand-daughters in Victoria and a mum who's glad that both daughters now live on the Island.

She still lives in Gold River, and after 30 years, still loves it there.

Every time I take on a new challenge in Guiding I hope to be able to make a difference. With every new role I take on and every challenge that I accept, I find that I am the one who gains the most. Our organization is all about providing opportunities to take the lead and learn about our sisterhood of Guiding.

Ann had way too much fun at SOAR!!

fires and help organize some truly impressive year end events. When Ann first became involved, 25 years ago, Guiding in Gold River had more than 130 girl members and more than 30 adult members.

Her favourtie part of Guiding is watching the grils and women in our organization rize to the challenges they seek, or are presented with, within Guiding.

Her major Highlight: The first SOAR I attended in Trail. I was part of the Performing Arts and Special Events team. I choreographed and taught a dance to about 400-500 girls, helped MC from the stage, worked with our International guests and made friends in Guiding that I still keep in touch with. Oh, and working on the first Camps in a Box. I got to do the part I love the best: concepts, ceremonies, music and themes.

In her non-Guiding Life, Ann is a Circulation Supervisor for the Gold River branch of the Vancou-



# **5** Minutes of Fame





Guiding in the Comox Valley supports is the Comox Valley Child Development telethon. We take our turn on the stage, performing Girl Guide songs ..... our 5 minutes of fame!!

Superstore is a great supporter of Comox Valley Girl Guides, allowing us to sell cookies outside the store every Spring and Fall. In return, we sing to help them with their December "Fill the Bus" campaign in support of the local feedback or Christmas charities. All our units take turns through the day.